

CIRCLES OF ACTIVE HOPE rippling into Regenerative Co-creations



What?

Deep Ecology Monthly Circles sharing in community practices from the
Work that Reconnects and Spiritual Ecology

&

co-created monthly evenings around Regenerative Culture

How?

The Deep Ecology circles will be facilitated by Marjorie Lumet, trained facilitator of the Work that Reconnects & Active Hope (you are always welcome to reach out to share a grounding, movement practice or bring in a specific contribution).

During these circles we will move through the stages of the Spiral of the Work that Reconnects (Coming from Gratitude, Honouring our Pain, Seeing with New Eyes, Going Fourth) to support us to further integrate and share this ecological consciousness in our daily lives.

There are 8 circles in total, one a month, and it is asked to commit up front to joining the whole journey to support the group dynamic and process (of course if you miss 1 or 2 gatherings that's ok but it is helpful to have the intention to join the whole spiral to really build community and momentum).

The monthly co-creations build on the deep ecology circles to invite more creativity and sharing of resources within our community. These evenings are an invitation for any member of the circle to share around a theme related to regenerative culture to inspire & support positive change (i.e. biodiversity, experiences around creating sustainable lifestyles, facilitating discussion around a theme, non-violent communication, decolonisation, climate adaptation, activism, storytelling, sharing poetry, films, sources of inspiration, inviting guest speakers, regenerative practices such as breathwork, music, dance, etc.).

One member takes responsibility for bringing in a theme & organising the evening and can reach out to Marjorie for details and/or eventually support with organising or co-facilitating if needed (note: the space at Nemo is rented for the evening and there is a cost associated, cancellation is possible with few days of notice period prior to event)

For the themed co-created evenings you can choose which ones you would like to take the lead on (you can ask a group member for support if you don't want to do it alone) and which ones you would like to attend (you then need to pay a fee to the organiser(s) related to that specific evening). These co-created evenings will be open to our deep ecology group as well as others beyond this group. The proceeds for the evening after rental costs go to the person(s) leading the evening.

When?



Practicalities & Price

Location: Nemo De Groene Hemel,
Overbrakerpad 2, 1014 AZ
Amsterdam (in Westerpark)

1/ Deep Ecology Practice Monthly Circles

7 September, 5 October, 2 November,
14 December, 18 January, 1 February,
7 March, 18 April from 18h30 to
21h30

Suggested contribution to participate to 8 Deep Ecology Circles = 200 euros

It is important to me that money is not a restriction in the enrolment for these circles and it is also important to me to have enough income to continue to offer this work in a sustainable way. Please select the amount in line with your own financial resources.

Standard Contribution : 200 euros (average of 25 euros per evening to cover costs, logistics and facilitation)

Supported : 100 euros (for students or low income / minimum wage)

Supporting : 250 euros - If you have an income above average and wish to contribute more to support the supported and my income.

Note: It is possible to pay in 2x instalments. First payment ahead of first circle.



2/ Co-created evenings around Regenerative Culture

Suggested contribution per evening 25 euros (whoever is organising the evening can adjust this if needed)

The program is in the making. This is a sneak peek into preliminary themes and organisers. If you feel inspired to share or (co-)facilitate an evening please go for it. The ones marked TBD are waiting for you 😊 (reach out to Marjorie for details).

Also please suggest themes or speakers to inspire future content & organisers.

The dates below are booked at Nemo.

28 September – Music as Medicine & Ecstatic Dance (Juliette, Peter)

19 October – The World Underneath Our Feet & Living Soil Workshop (Jessica from Grow it Away & Olivia Ansenk)

16 November - Once You Know – Documentary & Discussion (Marjorie & Juliette?)

21 December – More Music as Medecine?? (Anneke? & Marjorie)

25 January – Storytelling – Rewriting the Narrative – Esther, Writer
@thewildway.nl

15 February – Community Decision Making - Sharing & Experimentation around models of Dynamic Governance (i.e. sociocracy and consensus) with Rosa Gunneman

21 March – Building Community and Connection Across Movements – Mattea Wuethrich



More Context

Circles of Active Hope are an invitation to come on an adventure! They are an opportunity to experience deep ecology practices, based on the Work That Reconnects, over a period of 4 months.

This gives the time to integrate the practices that are helpful to you into your daily life and to deepen links with people that you share affinities with, supporting each other in your projects, to empower you as you play your part in creating a more sustainable and wholesome way forward.

During this journey, we will move through the 4 stages of the spiral of the Work that Reconnects : Coming from Gratitude, Honouring our Pain, Seeing with New Eyes, Going Fourth.

This approach is based on the work of Joanna Macy & Chris Johnstone who just released a new edition of their book : [Active Hope : How to face the mess we're in with unexpected resilience and creative power](#)



Intentions:

My Active Hope is to bring together a community of life lovers who feel called to contribute to the healing of our world. Through hosting deep ecology gatherings, my intention is to offer support and empowerment to the changemakers.

Through offering a space to co-create evenings around regenerative culture, my Active Hope is to strengthen our web of resources and knowledge, to invite a regenerative culture to emerge through us.

My intention is that we inspire and empower one another through sharing knowledge, skills, resources and our unique contributions in creating ripple effects of positive change.

I believe this transformation towards a culture that honours and nurtures Life is our greatest mission at this time on the planet.